

Autumn Menu- Week 3

MONDAY

Lunch

Shepherds Pie

Seasonal Vegetables and Potatoes

Pasta Bolognaise

-Home Made Sponge Pudding with Custard

Tea Time

-Jacket Potatoes with a Choice of Filling

-Assorted Sandwiches

Strawberry Mousse

WEDNESDAY

Lunch

Lancashire Hotpot

Chicken Supreme with Rice

TUESDAY

Lunch

'Roast Dinner'

Seasonal Vegetables and Potatoes

Pasta Bolognaise

-Home-made Chocolate Sponge with Chocolate Sauce

Tea Time

-Scrambled Eggs on Toast

Assorted Sandwiches

Cheesecakes

-'Toad in the Hole' with -Onion Gravy

-Assorted Sandwiches

Selection of Cakes

*Fresh fruit, yoghurts or salad
available daily with any meal *

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THURSDAY

Lunch

Poached Salmon

Seasonal Vegetables and Potatoes

-Strawberries and Cream

Tea Time

-Sausage and Mash

-Assorted Sandwiches

Fruit Jelly and Ice Cream

***Fresh fruit, yoghurts or salad
available daily with any meal ***

FRIDAY

Lunch

Fish and Chips (Home-made batter)

Fish Pie

**-Fresh Fruit Salad with ice cream /cream or
Arctic Roll**

Tea Time

-Home-made Soup

-Pasta Bake

-Assorted Sandwiches

Selection of Cakes

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SATURDAY

Lunch

Home-made Quiche with New Potatoes and Salad

Scampi and Chips

-Home-made Rice Pudding

Tea Time

-Corned Beef Hash

Assorted Sandwiches

Fruit Flan/Cream

*Fresh fruit, yoghurts or salad available daily with any meal *

SUNDAY

Lunch

'Traditional Roast' with Yorkshire Puddings and Roast Potatoes

Seasonal Vegetables and Potatoes

-Home-made Fruit Crumble with Custard

Tea Time

-Salmon/Prawn/Meat Salad

-Assorted Sandwiches

Home-made Trifle